Drug and Alcohol Education

Description

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Knowledge That Protects, Empowers, and Saves Lives

The best defense against addiction is understanding.

Too many people donâ??t seek help because they donâ??t know whatâ??s happening to them or their loved ones.

At **Share Wellness Center**, our **drug and alcohol education** programs break the silence, replace myths with facts, and empower individuals and communities to make informed choices.

Who We Serve

- Individuals and families affected by addiction
- Teens and young adults at risk
- Schools, workplaces, and community organizations

What We Cover

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- How addiction affects the brain and body
- Signs of substance use and when to intervene
- Harm reduction strategies (like naloxone training)
- How to support a loved one without enabling
- Myths vs. facts about drugs, alcohol, and recovery

Our workshops are interactive, science-based, and deeply human no scare tactics, just truth.

Prevention Starts with Conversation

We believe education is prevention.
When families talk openly, teens make safer choices.
When coworkers know the signs, they can offer help.
When communities are informed, stigma fades.

Letâ??s replace fear with facts and silence with support.

Request a workshop for your school, group, or organization today.

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Request a workshop for your school, group, or organization today.

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Whether youâ??re dealing with depression, anxiety, trauma, or addiction, our team of caring professionals is here to walk alongside you. Your story matters, and so does your healing. Letâ??s take the next step together.

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